

2009 Level 200 Aerial Clinic – Lake Placid, NY

Clinic Dates; Saturday 8/1/09 & Sunday 8/2/09

Clinician; Chris “Seedog” Seemann

Minimum Class Size: 10

Maximum Class Size: 20

Clinic Price: \$125

Clinic Location: Lake Placid Jump Complex

Classroom each day 8:30am – 12pm Jump Complex Day Lodge – Upstairs

Hands on each day 1pm – 4pm - Jump Complex Pool / Trampolines

The Level 200 aerial clinic is a required certification for all Freestyle coaches interested in coaching and water qualification of inverted and off axis jumps.

The level 200 Aerial Clinic focuses on fundamentals in trampoline, water ramp and snow jumping to safely coach and qualify front flips, back flips, back full and off axis up to 1080.

All Attendees are required to have the following Lake Placid Jump complex waiver completed upon arrival.